

# hi!

I'm Jeanie! I was a patient with the maternity clinic and had a very positive experience including wonderful post-natal care. I had great doctors and was surprised when the nurses remembered who I was – I could tell they really cared about me and my baby!

## All about Jeanie...

**Age:** 32

**Referring Doc:** Dr. Brocken

**Maternity Docs:** Dr. Jacobs & Dr. Kassam

**Programs:** Maternity and Mental Health

**Clinicians:** Shelley Porter & Christine Toner

**Residency:** St. Albert



## Patient Success Story

### **What led you to the Maternity program at the SASPCN?**

I'd heard great things about the program and loved the idea of building a relationship with all the maternity docs – knowing that one of them would deliver my baby!

### **What was the best part of the Maternity program for you?**

When I walked into the clinic, the clinicians recognized me and even after I delivered they knew exactly who I was. My health was a priority to them!

### **Did you access any of our other programs?**

Yes. After having my first baby and while pregnant with my second, the SASPCN picked up on possible postpartum depression that had gone undiagnosed. I was quickly set up with a mental health nurse who ultimately allowed me to become a healthy mom. Shelley provided me with wonderful coping skills, suggested classes and continue to follow up with me.

The SASPCN Maternity Clinic provides prenatal and delivery services to low risk pregnancies. You and your baby's health is our team's top priority!